

## **Press Release**

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## FOR IMMEDIATE RELEASE

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## Hanover Township's 6<sup>th</sup> Annual 5k Steps-off May 4

Hanover Township's sixth annual "Sprint 2 Spring" 5K run/walk will be held on Saturday, May 4 at the Hanover Township Izaak Walton Center in Elgin. The race aims to promote health and wellness within the community and also raises funds for the Hanover Township Foundation in assisting low-income residents in obtaining dental and medical services.

Participants can register for \$30 online through May 1 and also sign-up the day of the event for \$35. To register online, please visit www.sprint2spring.com and use the code "SPRINT" for \$5.00 off.

"We are excited for the 6<sup>th</sup> anniversary of this 5k event that supports our mission of raising health awareness and promoting active lifestyles," said Kristen Smith, Hanover Township Director of Community Health. "We look forward to another successful year and appreciate the continued support and participation from the community."

Participants can check-in from 6:30 – 7:45 AM the day of the event. The 5K will step off at 8AM from the Hanover Township Izaak Walton Center, 899 Jay Street in Elgin. The 3.1 mile course will take participants through local neighborhood streets of Elgin east of Liberty Street and south of Villa Street. The 5K route will return participants to the Izaak Walton Center. For a complete route map, please visit <a href="www.sprint2spring.com">www.sprint2spring.com</a>.

"Not only is this a great experience for people to get outside and be active, participants will also be helping their neighbors improve their quality of life with all proceeds going towards the Township's Dental Access Network program," said Brian P. McGuire, Hanover Township Supervisor. "To date, 79 residents have enrolled in this program."



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The Township identifies qualifying residents and works with local dentists who provide services at a reduced fee. Since the event began in 2014, over \$13,000 has been raised. The dental offices participating in the program include Familia Dental in Elgin, Barrington Road Dental Care in Streamwood, and Georgetown Dental in Hanover Park.

Packet pick up will be available at the Hanover Township Izaak Walton Center at 899 Jay Street in Elgin on Thursday, May 2 from 8:30 AM - 5:30 PM and Friday, May 3 from 8:30 AM - 4:30 PM, as well as the morning of the race.

For questions or race information, please call the Township at 630-483-5665, or visit the event website at <a href="https://www.sprint2spring.com">www.sprint2spring.com</a>.

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