

Stars-N-Stripes Cafe Home Delivered Meals

DECEMBER 2 - 6, 2024

\$4 for 60+, \$6 for younger



Name: _____

Monday

- Meat Loaf
- Chicken & Dumplings *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Tuesday

- Beef Stroganoff
- Cod Sandwich *
- **Vegetarian Option:** Breaded Eggplant

Served with Seasonal Fruit and Vegetables

Wednesday

- Gyros Sandwich
- Greek Salad with Chicken *

Served with Seasonal Fruit and Vegetables

Thursday

- Beef with Broccoli
- "McGriddle" Breakfast Sandwich *
- Mixed Green Salad with Protein and Roll
- Served with Seasonal Fruit and Vegetables

Friday

- Bacon & Egg Bites
- Chipotle Lime Tilapia *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

* Diabetic Friendly

Menu items subject to change

HANOVER TOWNSHIP AGING SERVICES (630) 483-5600 240 S. IL ROUTE 59 BARTLETT, IL 60103



Funding provided in whole or in part by AgeOptions

Stars-N-Stripes Cafe Home Delivered Meals

DECEMBER 9 - 13, 2024

\$4 for 60+, \$6 for younger



Name: _____

Monday

- Goulash (tomato, beef & noodle stew)
- Ham & Swiss Hawaiian Sliders *
- Mixed Green Salad with Protein and Roll
- Served with Seasonal Fruit and Vegetables

Tuesday

- Swedish Meatballs
- Mediterranean Chicken Wrap *
- Mixed Green Salad with Protein and Roll
- **Vegetarian Option:** Grilled Cheese with Tomato Soup

Served with Seasonal Fruit and Vegetables

Wednesday

- Cabbage Roll
- Polish Sausage Bake with Pierogi *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Thursday

- Beef with Cheddar
- BLT *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Friday

- Classic Lasagna
- Pepper & Egg Sandwich *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

* Diabetic Friendly

Menu items subject to change

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Stars-N-Stripes Cafe Home Delivered Meals

DECEMBER 16 - 20, 2024

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Name: _____

Monday

- Pepperoni Calzone
- Vegetable Flatbread *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Tuesday

- Spaghetti Bolognese
- Chicken Cesar Salad *
- **Vegetarian Option:** Vegetarian Bolognese

Served with Seasonal Fruit and Vegetables

Wednesday

- Corndog
- Chicken & Waffles *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Thursday

- Beef & Cheese Chimichanga
- Cobb Salad *

Served with Seasonal Fruit and Vegetables

Friday

- Stuffed Shells with Meatballs
- Tuna Salad on Croissant *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

* Diabetic Friendly

Menu items subject to change

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Stars-N-Stripes Cafe Home Delivered Meals

DECEMBER 23 - 27, 2024

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Name: _____

Monday

- Ham, Au Gratin Sweet Potatoes & Green Beans
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Tuesday & Wednesday

- Closed for the holiday

*Happy
Holidays*

Thursday

- Biscuits & Gravy
- Grilled Chicken on Pita *
- Mixed Green Salad with Protein and Roll
- Served with Seasonal Fruit and Vegetables

Friday

- Cuban Sandwich
- Florentine Stuffed Shells *
- Mixed Green Salad with Protein and Roll
- Served with Seasonal Fruit and Vegetables

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Menu items subject to change

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