



Stars-N-Stripes Cafe

NOVEMBER 4 - 8, 2024

\$5 for 60+, \$8 for younger

11 AM - 1 PM



Monday

- Pot Roast
- Chicken Cavatappi
- Mixed Green Salad with Protein and Roll *

Served with Seasonal Fruit and Vegetables

Tuesday

- Pepper Steak
- Parmesan Crusted Tilapia *
- **Vegetarian Option:** Egg Salad Croissant

Served with Seasonal Fruit and Vegetables

Wednesday

- Stuffed Green Pepper
- Chicken Pesto Sandwich *
- Mixed Green Salad with Protein and Roll

Served with Fruit, Vegetables and Dessert

Thursday

- Beef & Bean Burrito
- Bacon, Egg & Cheese Sandwich *
- Mixed Green Salad with Protein and Roll
- Served with Seasonal Fruit and Vegetables

Friday

- Pulled Pork Sandwich
- Open-Face Tuna Melt *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

* Diabetic Friendly

Menu items subject to change

HANOVER TOWNSHIP AGING SERVICES (630) 483-5600 240 S. IL ROUTE 59 BARTLETT, IL 60103



Funding provided in whole or in part by AgeOptions



Stars-N-Stripes Cafe

NOVEMBER 11 - 15, 2024

\$5 for 60+, \$8 for younger

11 AM - 1 PM



Monday

- Closed



Tuesday

- Patty Melt
- Chicken Lasagna *
- Mixed Green Salad with Protein and Roll
- **Vegetarian Option:** Vegetable Lasagna

Served with Seasonal Fruit and Vegetables

Wednesday

- Cabbage Roll
- Polish Sausage Bake with Pierogi *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit, Vegetables and Dessert

Thursday

- Sloppy Joe Sandwich
- Chicken Parmesan *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Friday

- Reuben Sandwich
- Fish Tacos *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

* Diabetic Friendly

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Stars-N-Stripes Cafe

NOVEMBER 18 - 22, 2024

\$5 for 60+, \$8 for younger

11 AM - 1 PM



Monday

- Cheese Burger
- Tuna Mac Casserole *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Tuesday

- Pasta with Meatballs
- Orange Chicken *
- Mixed Green Salad with Protein and Roll
- **Vegetarian Option:** Spinach & Ricotta Ravioli

Served with Seasonal Fruit and Vegetables

Wednesday

- Bratwurst Sandwich
- Turkey Tetrazinni *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit, Vegetables and Dessert

Thursday

- Salisbury Steak
- Chicken Burrito *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Friday

- French Dip
- Lemon Pepper Tilapia *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

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Stars-N-Stripes Cafe

NOVEMBER 25 - 29, 2024

\$5 for 60+, \$8 for younger

11 AM - 1 PM



Monday

- Philly Cheese Steak Pinwheels
 - Monte Cristo Sandwich *
 - Mixed Green Salad with Protein and Roll
- Served with Seasonal Fruit and Vegetables

Tuesday

- Chili Mac
 - Salmon *
 - Mixed Green Salad with Protein and Roll
 - **Vegetarian Option:** Loaded Baked Potato
- Served with Seasonal Fruit and Vegetables

Wednesday

- Roast Turkey with Stuffing, Biscuits, Mashed Potatoes, Carrots, Parsnips & Cranberry Sauce
 - Mixed Green Salad with Protein and Roll
- Served with Seasonal Fruit, Vegetables, and Dessert

Thursday

- Closed

Friday

- Closed



* Diabetic Friendly

Menu items subject to change

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