

RESOLUTION

Declaring May 6 as Older Adult Mental Health Awareness Day in Hanover Township

WHEREAS, the Hanover Township Board of Trustees, does hereby find as follows:

WHEREAS, Hanover Township is committed to supporting the physical, cognitive, and mental health of older adult residents; and

WHEREAS, Hanover Township encourages the mental health of older adults through the innovative program, Communities Helping Others Persevere Everyday (C-HOPE), which provides individual counseling and psychiatric services at no cost to residents; and

WHEREAS, the Substance Abuse and Mental Health Services Administration finds that the growing number of older adults with mental or substance use disorders could have a tremendous impact on the healthcare needs of our nation; and

WHEREAS, Hanover Township acknowledges the Kaiser Family Foundation which reports one in four older adults report anxiety or depression amid the COVID-19 pandemic; and

WHEREAS, Hanover Township will bring awareness to Older Adult Mental Health through a community presentation as well as depression and anxiety screenings; and

WHEREAS, Hanover Township provides opportunities for engagement, volunteerism and socialization at the Senior Center and virtually; and

WHEREAS, the mission of Hanover Township Aging Services is Enriching Lives, Fostering Friendships, Promoting Independence.

NOW, THEREFORE, BE IT HEREBY RESOLVED by the Hanover Township Board of Trustees, Cook County, Illinois, that May 6 is Older Adult Mental Health Awareness Day in Hanover Township.

Dated: May 4, 2021

In Witness Whereof, we have hereunto to set our hands and caused the seal of Hanover Township to be affixed hereto.

tee Alisa "Lee" Beattie

ustee Craig Essick

Trustee Khaja Moinuddin

Khej'amorel

Trustee Eugene N. Martinez

Supervisor Brian P. McGuire

Katy Dolan Baumer