

## **Press Release**

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## FOR IMMEDIATE RELEASE

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## Hanover Township Offering Stroke Risk Assessment Screenings in May

The Hanover Township Office of Community Health will offer Stroke Risk Assessment screenings for the month of May in honor of National Stroke Risk Awareness Month. The screenings are \$5.00 and include total cholesterol, blood pressure, blood sugar, and BMI screenings.

Township nurses will review results and provide stroke prevention and education. Appointments are recommended.

"According to the American Stroke Association, every 40 seconds someone in the U.S. has a stroke," said Kristen Smith, Director of Community Heath. "Whether you are someone who has a family history of strokes or if you're concerned and simply looking to talk about stroke factors, we encourage you to take advantage of this service."

Spotting the signs of a stroke using the acronym FAST can help to save a life. F is for facial droop, A is for arm weakness, S is for slurred speech, and T is for "time to call 911" if experiencing those symptoms.

To schedule an appointment for a screening at the Bartlett or Hanover Park facilities, please call the Office of Community Health at (630) 483-5665 or email health@hanover-township.org.

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