



HANOVER TOWNSHIP CAFÉ ON WHEELS HOME DELIVERED MEALS PROGRAM

Hanover Township Senior Center

The Hanover Township Senior Center was dedicated on April 2, 2005. It is a visible symbol of the support that the Hanover Township community has for older adults. Aging Services programs were initially held in the farmhouse portion of the Town Hall, which they outgrew. A senior tax referendum, "Support Our Seniors," was passed in November 2002 thanks to our older adult residents whose dedication and hard work incited its passage. The referendum allowed for the construction and maintenance of a new Senior Center. The Center benefits adults, age 55 and over, and their families who live in Hanover Township.

Nutrition Services

Hanover Township prides itself on innovative programs and services. In 2014, the Township began the Nutrition Services program with support of a grant from AgeOptions, the Area Agency on Aging for Hanover Township. The program offers an option of two hot meals or an entrée salad served daily in the Senior Center. With freshly prepared food in-house, the program thrived. Today, the café serves over seventy people daily. In 2015, the Township was awarded funding from AgeOptions for the home delivered meal program. The program affords residents the same choice of meals as those dining at the café, but also to be able to live independently in their own homes. Today, we deliver to over 100 clients daily. Weekend meals are delivered on Friday to those who need them.

The majority of those who receive our meals are over 80 years of age. Importantly, volunteers who deliver meals also provide daily contact and a friendly face for many isolated people. Clients are usually directed to our service by our case coordination unit, Catholic Charities Northwest, hospitals, social workers or their own Managed Care Organization. Clients are assessed for eligibility through an intake process and then referred to the Township to provide service.

The actual cost of a meal is over \$7; clients are asked to donate \$4 meal if they are able. The program receives funds from the Older Americans Act and does not require a fee, but a donation to support the program is appreciated. An invoice is sent to each client at the end of the month with a suggested donation amount.

Program Overview

- Over 40 Home Delivered Meal Volunteer Drivers deliver meals Monday through Friday.
- The service is more than a meal, as it serves as a daily well-being check for individuals.
- Participants are requested to be at home between the hours of 10:00 A.M. and 12:00 P.M.
- Participants are given a choice of three different meals each day. At the start of each month, a Nutrition staff member will call to confirm meal choices for the following month.
- Hanover Township Home Delivered Meal clients have two additional frozen/refrigerated meals delivered on Friday for the weekend.
- If a client requires a special diet such as diabetic, renal, etc., we work with Mom's Meals. They deliver 14 refrigerated meals bi-weekly to the client.

If you have any clients you would like to refer or if you have any questions, please contact the program at (630) 483-5600 or email me at mperri@hanover-township.org.

Thank you,

Marilyn Perri

Nutrition Manager of Aging Services